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**Beef. It's What's For Dinner. Shares Easy Recipes Featuring Pantry and Freezer Staples**  
*Montana Beef Council helps make the most of groceries with simple and satisfying beef recipes*

BILLINGS, MONTANA – While families are spending more time at home, the Montana Beef Council is here to help by sharing beef recipes using common freezer and pantry staples. Some of these options include:

- [Beef and Egg Breakfast Mugs](#) – Four basic ingredients and a mug is all that is needed for this recipe.
- [Beef Quesadillas](#) – This complete meal can be table ready with just five ingredients and 30 minutes.
- [Beef Jerky Trail Mix](#) – A convenient and customizable snack with as few as four ingredients.
- [Classic Beef Meatloaf](#) – This simple meal calls for fewer than 10 pantry staples and 1.5 pounds of ground beef.
- [Chocolate Beefy Brownies](#) – An easy brownie recipe that can be made with items commonly kept on hand.

“Beef It’s What’s For Dinner is here to help with meal solutions by providing recipes that use common staples many families already have in their pantries and freezers,” said Chaley Harney, Montana Beef Council Executive Director. “These recipes are easy to make with the step-by-step directions on [BeefItsWhatsForDinner.com](http://BeefItsWhatsForDinner.com).”

In addition to these simple recipes, check out [BeefItsWhatsForDinner.com](http://BeefItsWhatsForDinner.com) for a full collection of [cooking lessons](#). With detailed instructions and tips for a dozen different cooking methods, from grilling to pressure cooking, these cooking lessons are a great resource for all levels of home chefs.

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The Montana Beef Council is organized to protect and increase demand for beef and beef products through state, national and international consumer marketing programs including promotion, education and research, thereby enhancing profit opportunities for Montana beef producers.